

Massachusetts Department of Correction

Program Description Booklet

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Commissioner

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Massachusetts Department of Correction

Mission Statement

The Massachusetts Department of Correction's mission is to promote public safety by managing offenders while providing care and appropriate programming in preparation for successful reentry into the community.

Manage - Care - Program - Prepare

Vision Statement

The Massachusetts Department of Correction's vision is to effect positive behavioral change in order to eliminate violence, victimization and recidivism.

Program Division
Services and Programs

Religious Services

The Department provides a variety of religious services, which are supervised and coordinated by chaplain staff. Volunteer clergy and community churches assist chaplains in the provision of services. Chaplains provide regular religious services, religious education and pastoral care. In addition, chaplaincy services include Bible Study, Prayer Groups, Christian Fellowship, Christian Twelve Step, Parenting Groups, Family Religious Services, Religious Seminars and Holiday Observances. The Department recognizes that Chaplaincy Services are important in changing criminal behavior by helping the inmate develop prosocial values. *These services are available at all facilities.*

Recreation Services

The Department offers a wide variety of staff supervised recreational and leisure time activities designed to reduce inmate idleness and teach pro-social skills to use their time constructively. *These services are available at all facilities.*

Volunteer Services

There are currently approximately 1,500 volunteers providing a variety of services that supplement established departmental programs. Volunteer services include faith-based, substance abuse, self help, support groups, literacy, cognitive skills and cultural awareness. Volunteer Services enhance programming and the process of reintegration by disrupting the delinquency network and providing inmates with a network of pro-social community members and activities. *These services are available at all facilities.*

Correctional Recovery Academy

The department provides eight skill-based residential programs that target substance abuse and Relapse Prevention. This intensive residential program is six months in duration and the inmates live in a common housing unit and work towards skill acquisition goals

The CRA uses a Therapeutic Community Model (TCM) approach. TCM's are residential programs with a planned length of stay of six months. The TCMs focus on the "re-socialization" of the individual. The community is the cornerstone of the TCMs. Known as "community as method", it includes program participants, staff, and the social learning environment, as active components of treatment. The treatment is highly structured focusing on developing personal accountability, responsibility, and socially productive lives free of alcohol and other drugs and crime. TCM's employ community-imposed sanctions, incentives and earned advancement as part of the recovery and growth process. The program is divided into three phases:

- Phase one (8 weeks)
- Phase two (8 weeks)
- Phase three (8 weeks)

Each phase has clear and specific expectations that the program participant must complete to progress into the next phase.

This component of treatment is available at Bay State Correctional Center, MCI-Concord, MCI Framingham, MCI Norfolk, MCI Shirley Medium, MCI Shirley Minimum, North Central Correctional Institution and South Middlesex Correctional Center.

First Step

Located at MCI Framingham, the First Step program provides substance abuse treatment services to women who have been sentenced, are awaiting trial, have been civilly committed pursuant to Massachusetts General Laws. c. 123 section 35, or have been identified as needing immediate detoxification and treatment. Twice per week, participants receive a one hour curriculum-based session in the morning and a one hour application and review session in the afternoon. The treatment component consists of Overdose Prevention, Harm Reduction, Seeking Safety and Relapse Prevention. There is also an aftercare/discharge-planning component where the women are referred and/or placed in post-release treatment settings as their circumstances allow. *This program is available at MCI Framingham.*

DDU/High Risk Offender Program

The DDU/High Risk Offender program is provided at MCI Cedar Junction and is directed at inmates that have been placed in the Departmental Disciplinary Unit (DDU) as a result of having displayed a history of staff or inmate assaults, gang activity, and chronic disruptive behavior and/or have been identified as a threat to the correctional system in general. The program consists of two phases with an optional maintenance phase. The first phase of the program consists primarily of independent workbook assignments and the second phase consists of small group activities using a cognitive behavioral treatment model. *The DDU/High Risk Offender program is available at MCI Cedar Junction.*

Introduction to Treatment

This program is a four-week, twelve-session vendor facilitated program designed to prepare inmates to utilize the basic information and skills that they will receive through participation in future programming. *This program is available at MCI-Cedar Junction.*

Introduction to Twelve Step Programming

This program is a vendor facilitated four-week, twelve-session program designed to teach inmates how to access and utilize twelve step programming to enhance their recovery. *This program is available at MCI-Cedar Junction.*

Criminal Thinking Program

This program is a vendor facilitated program designed to focus on altering the pro-criminal thinking patterns that have been identified as separating those who are serious repeat offenders from those who are not. The program focuses specifically on criminal sentiments and how to develop pro-social alternatives for them. The program assists the offender in developing pro-social alternatives to past activities and associates. The section victims, crime and solutions and morality focus specifically on developing an understanding of how other people feel and how there can be more than one way to view a problem or a situation. Skills are taught, reviewed and practiced, pushing the participants to generalize the application of what they are learning. *This program is available at Souza Baranowski Correctional Center and Old Colony Correctional Center.*

Moving Forward

This is a vendor facilitated group that meets three times per week for eight weeks. The program is based on the Five Stages of Grief developed by Dr. Elizabeth Kubler-Ross. The group will focus on each stage of the life changing event to assist the inmate to get to acceptance of their sentence. The program utilizes a combination of curriculum driven classes and process groups so that the inmates may discuss and process the changes necessary to move to the next stage of grief. *This program is available at Souza Baranowski Correctional Center.*

Motivational Enhancement

Motivational Enhancement is an eight week program that meets two times per week. This program introduces participants to basic program concepts while encouraging positive behavioral change. *This program is available at Old Colony Correctional Center and Souza Baranowski Correctional Center.*

Bridging Treatment

This is a vendor facilitated program that meets for two hours per day, two times per week, for eight weeks. Detailed lesson plans instruct inmates on personal responsibility and self-efficacy for change, creating a foundation for future goal setting. The program will target issues of education, coping skills, and support. The emphasis is on education and developing coping skills to deal with symptoms and behaviors. *This program is available at Souza Baranowski Correctional Center.*

Substance Abuse Education Service

This is a vendor facilitated program that meets for two hours per day, two times per week, for eight weeks. This program is designed to educate and raise awareness of the consequences of continued substance use. The focus of the groups is to educate the inmate about substances and issues related to their use. Emphasis is placed on biological, psychological, and social consequences of continuing to use substances while incarcerated. *This program is available at MCI-Cedar Junction, Old Colony Correctional Center and Souza Baranowski Correctional Center.*

Steps to Recovery

The department offers a short-term substance abuse treatment program for female inmates at MCI Framingham and South Middlesex Correctional Center, designed for the female offender addict, and services the gender-specific and unique characteristics displayed by female offenders. Included among the primary treatment goals of this program is: abstinence from alcohol and other drugs; recognizing one-self as an alcoholic/addict; confronting and breaking through denial; beginning the recovery process; maintaining sobriety; and the promotion of pro-social norms and behaviors. *This program is available at MCI Framingham and South Middlesex Correctional Center.*

Thinking For A Change

The Thinking For A Change Program is a cognitive skills based program focused on reducing recidivism. The program is approximately fourteen weeks in length and is facilitated by staff two to three times per week. Inmates at higher risk to recidivate are targeted for this program. *This program is available at*

Souza Baranowski Correctional Center, MCI Plymouth, Old Colony Correctional Center Minimum Unit, Pondville Correctional Center and Massachusetts Alcohol and Substance Abuse Center.

Reentry and Reentry and Employment Readiness Workshop

The 10-day Reentry and Employment Readiness Workshop meets for 2.5 hours per day and is offered to inmates who are within one year of their earliest possible release date. During the Reentry and Employment Readiness Workshop, reentry planners facilitate curriculum designed to assist inmates in the development of the necessary skills that are needed for successful transition back into the community. The focus of the workshop is employment readiness to include resume building, cover letter, job application, mock interviews and how to maintain employment. The workshop also includes social support, housing plans, financial awareness and budgeting, educational referrals, criminal impact and attainable goal setting. Every inmate who attends the workshop will receive an Employment Readiness Release Portfolio. This release document can include identification, resume, cover letter, practice job applications, WOTC forms, Federal bonding, MassCor work verification, transcripts, certificates, and licenses. Once the inmate has completed the workshop the portfolio is stored within the institution and distributed on the day of release. *The Reentry and Employment Readiness Workshop is available at all facilities except the Lemuel Shattuck Hospital.*

Victims of Violence

The Victims of Violence program is comprised of twenty four highly structured classes (two 2 hour sessions per week) and is designed to improve victims self worth by providing them with education and coping strategies to reduce the likelihood of becoming a victim of trauma again. Each session is designed to look at how to make good use of time, how to contain emotions appropriately and how to set goals and adhere to them. *The Victims of Violence Program is available at MCI Framingham and SMCC.*

Violence Reduction Program

The Violence Reduction Program targets cognitions that contribute to violent behavior. The goals of the program are to decrease violent behavior and the likelihood of institutional disturbances. During the program inmates identify the specific cognitions which have led to their violent behavior. Once identified, they are taught pro-social strategies and skills to diminish the likelihood of continued violence. The program is facilitated by staff two to three times per week. *This program is available MCI Concord, Souza Baranowski Correctional Center, MCI-Plymouth, Old Colony Correctional Center Minimum Unit and Pondville Correctional Center.*

Relapse Prevention

The department offers a vendor facilitated eight week, twenty-four session program designed to assist inmates in identifying those high risk situations that may lead to relapse and teach them skills to address these situations without relapse. *This program is available at MASAC.*

Sex Offender Treatment Program

The purpose of sex offender treatment is to provide a program that reduces recidivism by bringing under control and modifying the behaviors and symptoms that contributed to sexual offending. Individuals who complete the program will have the necessary tools to prevent re-offending. By significantly reducing the risks associated with re-offending, the goal of public safety and the goal of careful reintegration of the offenders into the community can be achieved.

Pre-Treatment seeks to help the inmate become familiar with basic concepts of sex offender therapy. The offender learns to apply this understanding to real life examples, and begin the process of identifying and confronting his/her offending. Offenders begin to work through the early stages of denial. The concepts of relapse prevention and understanding the meaning of a deviant cycle are introduced. *For males Pre-Treatment is available at MCI Norfolk, NCCI-Gardner, Old Colony Correctional Center for the Special Housing Unit population and the Massachusetts Treatment Center.*

Core Treatment is a unit-based program relying on principles of a therapeutic community. Offenders are required to participate in an assessment prior to beginning Core Treatment. While in Core Treatment,

offenders participate in primary therapy groups, psycho educational classes, behavioral treatment, community unit meetings, and other activities identified in their treatment plans. *Core Treatment for male offenders is available at the Massachusetts Treatment Center.*

Maintenance Programming is for inmates who have successfully completed the structured programmatic requirements for Core Treatment. The components of Maintenance Programming are designed to promote the inmates' recovery and will be a model for his treatment in the community. The Maintenance Program is a crucial part of treatment because it is a bridge between the structured components of Core Treatment and release to the community. The gains made in Core Treatment need to be sustained during this transition period. *For males Maintenance is available at MCI-Norfolk, NCCI-Gardner, Old Colony Correctional Center for the Special Housing Unit population and the Massachusetts Treatment Center.*

For female sex offenders the Department offers a specialized sex offender treatment program *at MCI Framingham* which includes Pre-Treatment, Core Treatment and Maintenance Programming. Each offender is assessed and a treatment plan is developed in accordance with her specialized needs.



MassCor Correctional Industries

The mission of Correctional Industries is to instill a positive work ethic in offenders by providing training and skills for a successful reentry into the community through work opportunities, while ensuring the highest level of customer service by providing a quality product at a competitive price. Through work assignments offenders develop occupational skills and discipline that enhances successful reintegration. With acquired on the job training and work ethics gained through Correctional Industries, released offenders have a greater chance of being gainfully employed and succeeding after their release. Current certification programs and upcoming certifications are made available to all eligible incarcerated individuals. Correctional Industries employs over 500 offenders at nine institutions. The current workforce has expanded by over 50% since 2004 due to the installation of state of the art equipment and expansion of existing shops. The goal is to employ the maximum number of offenders consistent with effective use of program capital. MassCor has created numerous programs and certifications in order to give offenders opportunities to gain marketable skills and a better chance of securing employment in our communities thus reducing the possibility of recidivism.

Education and Training

The purpose of the Division of Inmate Training and Education is to provide comprehensive academic and occupational (vocational training) programs and services that will assist offenders in becoming more productive citizens upon release. To this end, all programs focus on the needs of the individual to cope with and to make a positive contribution to an increasingly more technological society. Emphasis is placed upon competency achievement, development of basic literacy skills and the acquisition of salable skills along with an appreciation of the work ethic. To complete these tasks, the Division utilizes a central office staff; seven school principals, one head teacher, eight counselors; 31 full-time academic teachers; 26 part-time academic teaching positions filled; 29 full-time vocational teachers; and 4 part-time vocational teachers with a budget of approximately \$5 million for fiscal year '10 and over \$1.2 million in grants from the Massachusetts Department of Elementary and Secondary Education and the federal government. The Division's responsibilities include teaching academic and vocational programs, providing educational counseling services, assessing each inmate at reception and classification by administering the Test of Adult Basic Education (T.A.B.E.) and administering the General Equivalency Diploma (GED) test. The Division is the one of the largest G.E.D. testing centers in Massachusetts administering over 500 tests each year.

I. Assessments

The educational assessment takes place at MCI Cedar Junction and MCI Framingham and as needed if an inmate misses the initial processing. Every newly sentenced individual that is classified at MCI Cedar Junction and MCI Framingham must take the Test of Adult Basic Education (TABE) and a self-scoring Occupational Interest Survey. The TABE test provides a grade level in math, reading and language. If this testing indicates that additional special education or oral testing is needed, it will also be administered. Speakers of other languages are given the Basic English Skills Test (BEST). Education counselors at each institution will receive this information when an inmate is transferred there and they will discuss educational alternatives and will place the inmate in appropriate classes or on waiting lists.

II. Grants

The Division of Inmate Training and Education receives three grants from the Massachusetts Department of Elementary and Secondary Education, one grant from the U.S. Department of Education, and a recently awarded one year Second Chance Act grant from the U.S. Department of Justice, Bureau of Justice Assistance. Additionally, a grant from the Massachusetts Board of Library Commissioners was awarded to one medium security institution which will allow audibly

recorded books by the inmate parent for their child(ren) and a copy of that book for the child as well.

A. Carl D. Perkins Vocational and Applied Technology Act Grant Program

The Carl D. Perkins grant is a federal grant that is administered through the Department of Correction. Up to 1% of the total funding received by the Commonwealth can be set aside for incarcerated offenders, both state and county. Every effort is made to develop and fund proposals that provide non-traditional vocational and technical training programs. Emphasis is placed upon the acquisition of salable skills along with an appreciation of the work ethic. Instructors provide training in professions that would be a stepping stone to further education and entry-level employment. Proposals for up to \$15,000 per site are submitted. This year, Perkins grant funds have allowed the Department of Correction to enhance its Building Trades Program by adding a weatherization component. Perkins grant funds continue to provide vocational training opportunities for inmates at some of the correctional facilities with the purchase of vocational equipment and professional development for the programs and instructors of existing vocational training programs.

B. Title I Grant Program

The Title I program uses federal grant funds to provide supplemental instructional services to inmates who are under twenty-one years of age. This instruction is primarily in reading, mathematics, and language arts. The program offers self-paced, individualized instruction in small group settings to these younger inmates in an attempt to renew their interest in the possibilities and opportunities of education. The Title I grant program is currently operated at the following institutions with contract teaching staff: MCI Framingham, MCI Concord, MCI Shirley, MCI Norfolk, Bay State Correctional Center, Old Colony Correctional Center, North Central Correctional Institution at Gardner, and Souza Baranowski Correctional Center in Shirley.

C. Workforce & Community Transition Training for Incarcerated Individuals Grant

The U.S. Department of Education grant allows Massachusetts to participate in the Six State Study research project that builds on recent research in the area of post-secondary academic education for offenders studying transitional classroom delivery and distance learning via video/DVDs. Inmates that are 35 years of age or younger that have not been convicted of a criminal offense against a victim who is a minor, a sexually violent offense, or murder, who have a high school diploma or GED and a release date or parole eligibility within 7 years are eligible to participate. The inmates that meet the eligibility criteria are then randomly selected for enrollment. Inmates at Old Colony Correctional Center, MCI Framingham, MCI Shirley, Bay State Correctional Center, MCI Norfolk, Souza Baranowski Correctional Center and North Central Correctional Institution are the randomly selected sites for this three year study.

D. Adult Basic Education Grant Program

The Education Division's Adult Basic Education (ABE) grant program provides a comprehensive education program to approximately 200 incarcerated adults each year. The ABE program is funded through a grant from the Massachusetts Department of Elementary and Secondary Education's Adult and Community Learning Service. The ABE grant program focuses its instruction on basic transferable skills. The program offers literacy development, pre G.E.D., and G.E.D. preparation. The goals of the ABE grant program are to increase its students' functional literacy level, provide its students with the capability to make a smooth reentry into their community upon their release and thereby reduce the Commonwealth's recidivism rate. The ABE grant program employs 3 full-time and 2 part-time teachers. These teachers are employed at MCI Shirley Medium and MCI Framingham.

E. GED Test Center Grant

The Division of Inmate Training and Education was awarded an additional \$5,105 to defray the cost of operation of the GED testing program at the DOC

F. Library Services

Library Services received a \$15,992 "Reaching Out Through Reading" grant from the

Massachusetts Board of Library Commissioners which strengthens the bond between incarcerated parents and their children through a shared reading program.

G. Second Chance Act Technology Careers Training Demonstration Project for Incarcerated Adults and Juveniles

The Department of Correction was awarded a one year \$679,729.70 grant to provide a “New Clean/Green Energy Training Program” to those individuals within 18 months to release that have a Moderate to High Risk Assessment. The Department has partnered with the Executive Office of Community Colleges who will provide the actual training in weatherization and “green” technology to inmates at five minimum security facilities.

III. Educational Programs

The aforementioned grant programs (e.g., Perkins, Title 1, and Adult Basic Education) as well as abbreviations and acronyms may be used to refer to certain educational programs. Therefore, in order to clarify those programs and explain course content in a standardized manner; definitions are listed below. Programming is categorized into either academic or vocational.

A. Academic

Adult Basic Education

Adult Basic Education (ABE) (Literacy Development) is a program servicing those who are learning to read and write, or who are functioning at or below the fifth grade level.

Boston University Program

This program is designed to meet the needs of the students who have accumulated a minimum of twelve transferable college credits. Students eligible to enter this program have an opportunity to achieve a Bachelor's Degree in Liberal Studies from BU's Metropolitan College. This program is donated in full by Boston University and operates at MCI Norfolk, MCI Framingham and South Middlesex Correctional Center.

English for Speakers of Other Languages (ESOL)

English for Speakers of Other Languages is a language development program geared to the adult with limited English proficiency. The main emphasis of this program is to provide limited or non-English speakers with the fundamentals of speaking, reading and writing English, so they may be mainstreamed into existing academic classes. The three-level program is taught exclusively in English and is available to those students whose native language is something other than English.

G.E.D.

The G.E.D. programs are specifically geared toward preparing a student to successfully take his or her High School Equivalency Exam. The classes focus on math, writing, skills, social studies, reading and science, as well as reading comprehension and study skills.

Life Skills

Life Skills comprises components of most academic classes. Basic information involving money management, resume writing, and other basic skills much needed for daily life in the community are included.

Pre-GED

The Pre-G.E.D. programs are designed to prepare intermediate level students for entrance into the G.E.D. program. The focus of instruction is on math, English, grammar and usage, writing skills, and reading comprehension.

Special Education

This program is designed to provide individual or small group instruction to all inmates under the age of twenty-two who have been diagnosed with learning or developmental disabilities. Individual testing is utilized to determine functional levels, strengths, weakness, and learning styles.

B. Vocational Programs

Auto Body Repair

Repairing, restoring and painting of vehicles is taught.

Automotive

Fundamentals of auto mechanics are taught. Hands-on training is provided through working on state vehicles. ASE (Automotive Service Excellence) certification is the goal for successful completers.

Barber School

Licensing requires that students obtain one thousand hours of hands-on experience and that they pass both a written and hands-on comprehensive licensing exam. The hours of hands-on experience generally requires a student to make a twelve to eighteen month commitment in order to successfully complete the barber program.

Braille Transcription

This program provides employment to inmates who have word processing skills. It provides training in the production of Braille materials through a computer translation process. Inmates working the program produce Braille materials for the Bureau of Institutional Schools.

Building Trades

The Building Trades Program is conducted for fourteen to twenty weeks and cover the areas of safety, rough and finished carpentry, sheetrock work and wood working. Mock-ups are used to provide hands-on experience unless institutional projects are available to be completed. A weatherization techniques component will be added to the current curriculum to further provide employability skills to those inmates releasing back into the community.

Commercial Drivers License (CDL)

The topics in this program are those that must be learned in order to pass the written portion of the CDL testing.

Computers For Schools

Computers in need of repair are donated to the Department of Correction. Inmates at MCI Shirley Minimum refurbish the machines, which are then given at no charge to Massachusetts public schools.

Computer Technology

The goal of this program is to familiarize each student with computer technology and how its capabilities can be utilized to accomplish various tasks. The focus is on skills needed to function effectively in an office environment. Students are provided with hands-on experience in the areas of basic literacy, keyboarding, word processing, data base use, spreadsheet use and simple programming. Instruction prepares students to take the Microsoft Office User Specialist (MOS) certification test. A shorter, 12-week course, IC³, has also been added as a pre-requisite to the MOS certification program and will also ensure that inmates will have some computer experience upon release, with the certification that is available upon successful completion of the IC³ program.

Cosmetology Program

Cosmetology will train 12 students at a time in all aspects of hairstyling, skin care and nail beautification. The 1000 hours of training will prepare the students to take the Massachusetts State License Examination in Cosmetology.

Culinary Arts

Culinary Arts is structured to provide both theory and hands-on experience in the areas of applied foodservice sanitation and hygiene and in professional cooking. The course of study generally runs for ten (10) months with the first five months focusing on obtaining the knowledge and skills required to successfully pass the National Restaurant Association's Education Foundation's ServSafe certifying exam covering sanitation and hygiene. The second five months focuses on professional cooking. A Dining Room Management component has been added to the curriculum to further enhance an inmate's job readiness upon release.

Horticulture

This program includes techniques on the production, care, and management of plants, flowers and shrubs including the instruction and practice in the methods of plant propagation, pruning, cultivation, and fertilization.

Small Engine Repair

Provides instruction in the diagnosing and repair of small engine equipment. Successful completers pass the OPE (Outdoor Power Equipment) national certification exam.

Welding

The sixteen-week welding program provides theory and applied instruction on oxyacetylene, MIG, TIG and stick welding. Individuals passing the licensing exam pre test are then able to take 3/8 and 1 inch State Welding Certification exam.

IV. Library Services

Library Services encompasses both law and general library services. Institutional libraries are equipped to provide full library services and are staffed by a professional librarian. The general library is an information center for the institution, supporting, broadening and strengthening the institution's programs through materials and in-library programming such as literacy. Print and non-print materials are selected to meet the needs of a culturally, linguistically and educationally diverse population. Law collections contain Federal and State materials.

Able Minds: Staff facilitated book discussion group designed to shift criminal thinking and teach inmates interpersonal problem solving skills. *This program is available at Bay State Correctional Center, Bridgewater State Hospital, MCI Framingham, MCI-Norfolk, MCI Shirley, MCI Shirley – Minimum Unit, North Central Correctional Center in Gardner, Old Colony Correctional Center, Old Colony Correctional Center – Minimum Unit and Souza Baranowski Correctional Center.*

Family Library Program: This staff facilitated program at Souza Baranowski Correctional Center increases the inmate's reading skills and helps develop parenting skills. This program enables inmate to read books to their children while in the inmate visiting room.

Law Library Clerk Training: This staff facilitated program available at all Department of Correction facilities with full law libraries provides pre-employment training in basic legal research and use of electronic legal resources for potential inmate law library clerks.

Literacy for Adults: Staff supervised, volunteer facilitated program at MCI Cedar Junction is designed to provide one-on-one basic reading and writing instruction to the inmate population. Volunteers will be trained and certified using the methods and materials developed by Literacy Volunteers of America.

Read to Your Child Program: This staff facilitated program offered at North Central Correctional Center makes children's books available in the inmate library, allowing the inmate to practice his reading skills before reading a copy of the same book with his child in the visiting room. The child is given the book to take home at the end of the visit.

INSTITUTION SPECIFIC PROGRAM DESCRIPTIONS

A Book from Mom: This program is designed to enhance literacy in children. A children's library is available for women to select age appropriate books to read during visits with their children. After the visit, children are allowed to leave the visiting room with a book from Mom. The child is allowed to receive a new book during each visit to create his/her own personal library at home. Books are also made available for women to mail home to children during the holidays and on birthdays. *This program is available at MCI Framingham.*

Advanced Communication Skills: This group is offered to committed patients. This is a time limited psycho educational group designed to introduce participants to effective communication skills. Patients need to be able to tolerate a group setting and have the ability to process abstract concepts. This group will learn to identify communication styles and to express their needs assertively in every day situations. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

Alcoholics Anonymous: A volunteer facilitated working support program where inmates learn about triggers to their behavior, understand past behavior and learn how to build a new, healthier sober lifestyle. *This program is available at Bridgewater State Hospital, Boston Pre-Release Center, MCI Cedar Junction, Massachusetts Treatment Center, MCI Norfolk, MCI Plymouth, North Central Correctional Institute Medium & Minimum, Old Colony Correctional Center, Pondville Correctional Center and MCI Shirley Minimum.*

Alternatives to Violence (AVP): A volunteer facilitated program that teaches inmates how to reduce violence by introducing alternative ways of resolving conflict resulting in a diminished need to resort to violence. Workshops focus on conflict resolution. *This program is available at MCI Concord, MCI Norfolk, MCI Shirley, Northeastern Correctional Center, North Central Correctional Center, Old Colony Correctional Center and Souza Baranowski Correctional Center.*

Amachi Program - This is a mentoring program developed to provide support to children who have or have had incarcerated mothers. This program is facilitated through the Big Sister and Big Brother Program of Greater Boston. The program partners with faith-based organizations, community and civic organizations to match children to caring individuals. The age identified for this program is children between the ages of 7-15. *This program is available at MCI Framingham.*

American Red Cross First Aid and CPR Courses: Program providing inmates information and training about First Aid and CPR. *This program is available at Northeastern Correctional Center.*

American VetDogs-The Guide Dog Foundation sponsors this program which provides assistance dogs to disabled veterans and active military personnel. *This program is offered at MCI-Framingham, MASAC, Old Colony Correctional Center.*

Anger Management: Volunteer facilitated program designed to help inmates identify and begin to deal with the root causes of their anger. *This program is available at Bay State Correctional Center, Massachusetts Alcohol and Substance Abuse Center, MCI Cedar Junction, MCI Framingham, MCI Shirley and Northeastern Correctional Center.*

Art Program: Volunteer facilitated programming. Inmates learn skills in different art modalities and the opportunity to work on individual projects. The goal of this programming is to encourage inmates to develop self-esteem and self-awareness through the expressive arts. *This program is available at Massachusetts Treatment Center and Northeastern Correctional Center.*

Art Therapy: Staff supervised art program which offers morning and afternoon classes, five days per week. Classes are offered in all art modalities. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

A Way of Life: Weekly open discussion substance abuse program. *This program is available at the Massachusetts Treatment Center.*

Basic Computer Skills: The program is designed for participants to master basic computer operation and become proficient in Microsoft Word, Excel and Power point. *This program is available at MCI-Concord*

Pondville and MASAC.

BEACON Program: (Behavior, Emotions and Changing Oneself): Volunteer facilitated, twelve week program which explores human behavior and emotions with the intent of increasing skills for identifying emotions and developing new strategies and behaviors to respond more effectively. *This program is available at Boston Pre Release Center, MCI Concord, South Middlesex Correctional Center, MCI Cedar Junction and Old Colony Correctional Center.*

Best You Can Be: This program focuses on personal, moral and spiritual growth achieved via the teaching of problem solving and coping skills. *This program is available at Bridgewater State Hospital.*

Body & Mind Fitness: Volunteer facilitated wellness program incorporating fitness and stress reduction exercises. *This program is available at Bridgewater State Hospital.*

Book Discussion Club I, II, III

Changing Lives through Literature, Cultural Identity and Book Discussion. *This program is available at MCI Concord and MCI Shirley.*

BoyScouts Beyond Bars: This is a family preservation program which affords incarcerated mothers and grandmothers the opportunity to bond with their male children and grandchildren. *This program is available at MCI Framingham.*

BSH Newsletter: The newsletter, which specific to Bridgewater State Hospital, provides the hospital a tool to share information with the inmates, staff and family members. The newsletter highlights program opportunities and other hospital information.

Bridging the Gap: This program is designed for those state inmates who are releasing within the next 12 months. The goal of BTG is to better prepare this long term population for their eventual release to our communities. To accomplish this goal we invite and welcome monthly community speakers to our groups as well as introduce reentry topics, group discussions and process groups. BTG meets at least three times a month. BTG inmates are all offered an opportunity to participate in a Labyrinth walk conducted by volunteers. Women will leave with a portfolio that will include SAGE results, resume, resources, certificates etc. *This program is available at MCI Framingham.*

Bunker Hill Community College Workplace Readiness Program: Volunteer facilitated program that provides offenders with a common base of understanding of the basic and rather universal interpersonal skills and competencies required for success in the workplace. *This program is available at Boston Pre-Release Center.*

Cancer Survivor Support Group: This program is for inmates who have a diagnosis of cancer and would like to meet to share information and provide support to each other. *This program is available at South Middlesex Correctional Center.*

Cardiovascular Management: In conjunction with UMASS, this program is designed to enhance self management and improve over-all quality of life for those inmates who are affected by heart disease. *This program is available at NCCI Gardner.*

Catch the Hope: Vendor facilitated program that provides medical and social services to pregnant and postpartum inmates. *This program is available at MCI Framingham.*

Chess Club: Volunteer and/or staff supervised program where inmates learn how to play chess and participate in tournaments. This program provides a structured environment where chess enthusiasts from beginners to advanced players can learn more about the aspects of the game. *This program is available at Bay State Correctional Center, MCI Norfolk, Northeastern Correctional Center and Old Colony Correctional Center.*

Child Custody Workshop: Volunteer facilitated 9-week workshop providing training regarding family law issues involving minor children. The program prepares women to advocate for themselves when addressing custody, adoption, visitation and guardianship. *This program is available at MCI Framingham.*

Children's Story Hour: Volunteer facilitated program that promotes interaction between the inmate and child through interactive storytelling and group activities. *This program is available at Pondville Correctional Center.*

Choices: This program is a female youth violence/crime prevention program. Inmates meet with committed girls, juvenile probationers and other higher risk girls to discuss their backgrounds and what lead to their criminal activities in order to deter the girls from further criminal behavior. *This program is available at MCI Framingham and Massachusetts Alcohol and Substance Abuse Center.*

Christian Twelve Step Group: This program is based on the 12 Steps of Alcoholics Anonymous and The Bible. Participants are encouraged to replace criminal beliefs and attitudes with spiritual values. *This program is available at MCI Cedar Junction.*

City Mission Fellowship: Weekly meetings are held to discuss various topics and issues. Audio/visual presentations and guest speakers are used to guide and stimulate discussion. *This program is available at Old Colony Correctional Center.*

City Mission Society - Volunteers from the City Mission Society provide the Arts and Crafts Program, and the inmate prison newsletter "Behind the Wall". *This program is available at MCI Framingham.*

Cognitive Skills Workshops - Volunteer facilitated cognitive-based programs: Active Listening, Problem Solving, Setting Goals, Asking for Help, Assertive Communication, Negotiating, Using Self Control. *This program is available at Bridgewater State Hospital, MCI Framingham, MCI Norfolk, MCI Shirley Minimum, North Central Correctional Institution Minimum, Old Colony Correctional Center Minimum, Pondville Correctional Center, South Middlesex Correctional Center and Souza Baranowski Correctional Center, and MCI Cedar Junction.*

Come on People: From the book "On the Path from Victims to Victors" this program teaches personal responsibility and encourages the changing of behaviors that limit chances for success. *This program is available at MCI Framingham.*

Companion Program: Staff facilitated program that provides training to inmates who then provide support and encouragement to inmate patients. *This program is available at Bridgewater State Hospital and MCI-Shirley.*

Computer Program: This program is facilitated through Library services. Basic computer skills are taught to patients. *This program is available at Bridgewater State Hospital.*

Computer Program (Basic Computer Literacy): Volunteer facilitated program teaching basic computer skills. *This program is available at Pondville Correctional Center.*

Creative Writing: Teaches basic English Composition covering expository, descriptive and narrative writing, dialogue, and short stories. *This program is available at MCI Shirley.*

Concord Public Library Program: Volunteer facilitated library program that allows inmates to request and borrow books out of the Concord Public Library. *This program is available at Northeastern Correctional Center.*

Daddy Read To Me: The Read to your Child Program enhances the relationship between father and child. The goal is to form a bond which would reduce stress, which in turn will decrease the offender's rate of recidivism. *This program is available at Souza Baranowski Correctional Center.*

Daily Living Skills Program: Staff facilitated program designed to teach committed patients daily living skills with a primary focus on personal hygiene issues. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

Dance Leela: Volunteer facilitated program that promotes self-awareness, self-esteem, and a sense of calm through simple choreography and guided expressive dance. *This program is available at South Middlesex Correctional Center.*

Day Treatment Program: Vendor supervised program for treatment resistant patients who are chronically mentally ill. This program enables patients to develop the skills to gain insight into their disabling behavior. Patients are taught skills in the areas of basic living, hygiene, social skills, work habits, substance abuse and health. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

DCF Visit Coordination: Staff coordinates with the Department of Children and Families & facilitates on site Foster Care Reviews and supervised visits for inmates whose children are in the custody of DCF. Similar services are provided with child service agencies outside the Massachusetts area. Services are provided as well for Court Appointed Investigators, Guardian Ad Litem DYS, Residential placement and Adoption Mediators. *These services are available at MCI Framingham and South Middlesex Correctional Center.*

Developmental Service Program: The Developmental Service Program is staffed and funded by the Department of Developmental Services. This program prepares patients for release by making referrals for eligibility with DDS. A major component of this program is social skills training. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

Dialectical Behavior Therapy - Skills Group Program (DBT): Staff supervised program that teaches patients social skills that will enable them to meet needs without engaging in violent and/or self-destructive behaviors. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

Domestic Violence Program: Vendor facilitated ten-week psycho educational group, which focuses on treatment and prevention strategies for women involved in domestic violence situations. *This program is available at MCI Framingham.*

Don't Throw Us Away: Staff supervised and volunteer facilitated program that partners inmates with shelter dogs. The inmates work with a professional trainer for eight weeks in order to prepare the dogs for adoption by families. *This program is available at NCCI-Gardner.*

Eldercare: Chaplain supervised and volunteer coordinated program in which inmates create small crafts for senior citizen centers. *This program is available at South Middlesex Correctional Center.*

Emotional Awareness / Houses of Healing: Volunteer coordinated program designed to foster emotional and spiritual growth and promote responsibility and accountability toward ones self and others. Inmates are also taught skills to reduce disruptive behavior. *This program is available at Bay State Correctional Center, Bridgewater State Hospital, Masac, MCI Concord, MCI Framingham, MCI Norfolk, MCI Shirley, North Central Correctional Institution, Northeastern Correctional Center, South Middlesex Correctional Center and Souza Baranowski Correctional Center.*

Ethics for the Modern Society: This program encourages the development of ethical thinking skills, communication skills and personal reflection. *This program is available at Pondville Correctional Center.*

Family Day Program: Offered four times per year, volunteers design structured activities that allow inmates to interact with their children. *This program is available at Northeastern Correctional Center.*

Family Issues Group: Staff facilitated group designed to help patients begin to explore feelings related to family issues and learn the skills needed to survive/cope with separation/conflict due to incarceration/hospitalization. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

Family Reunification House: A house located on the grounds at South Middlesex Correctional Center is used for overnight and weekend visits. Graduates of the parenting education classes are eligible to be screened to participate in the Family Reunification House program at SMCC. This program allows mothers nearing release to have progressively less supervised visit time with their children. Support and education, on such topics as healthy nutrition and meal preparation, is provided in this area to aid in attaining a successful mother-child visiting experience. *This program is available at SMCC.*

Fatherheart Program: Volunteer facilitated 8-week faith based program designed to assist offenders in family skills. *This program is available at Northeastern Correctional Center.*

Father's Parenting Program: Volunteer facilitated 12-week course consisting of classes in moral and legal responsibilities of fatherhood. *This program is available at MCI Concord, MCI Shirley, Northeastern Correctional Center and Souza Baranowski Correctional Center.*

Father/Child Homework Assistance Program: This program is designed to create opportunities for positive behavioral change by encouraging a shared experience between a father and his child while fostering an appreciation for education. The program targets literacy, parenting skills and family rebuilding. *This program is available at MCI-Norfolk.*

Fully Alive Program: Chaplain coordinated, volunteer facilitated program that focuses on spiritual growth and choosing responsible living. Topics include relationships, recovery, anger management and understanding the relationship between attitudes, choices and consequences. *This program is available at MCI Framingham and South Middlesex Correctional Center.*

Gardening and Landscaping: Volunteer facilitated program that encourages patience, responsibility, attention to detail and the ability to work as a team in problem solving to produce the desired result. *This program is available at MCI-Concord, Massachusetts Alcohol and Substance Abuse Center and Northeastern Correctional Center.*

Getting and Keeping a Job: Program designed to prepare inmates for job searching upon release. Topics include developing realistic expectations, utilizing employment resources, identifying interests, skills and values and preparing for interviews. *This program is available at Northeastern Correctional Center.*

Girl Scouts Beyond Bars: (GSBB) Patriots Girl Scout Council facilitates this program which is designed to enhance the parenting skills of the inmate mothers, reduce at risk behaviors of inmates' daughters, and to strengthen parenting skills. The GSBB program includes three components: Parenting & Scout Leadership Skills Training for Inmates, a Community Based Girl Scout Troop for Daughters, and Inmate/Daughter Troop Meetings held at the institutions every second and fourth Saturday. *This program is available at MCI Framingham and South Middlesex Correctional Center.*

Going for the Gold – Planning for Life: Volunteer coordinated biblically based seminar on planning life after prison. *This program is available MCI Framingham and MCI Plymouth.*

Greenhouse and/or Garden Program: Staff supervised program during which inmates grow flowers and vegetables in designated individual garden plots. In some institutions volunteers provide basic horticultural education and/or the produce grown is donated to local charities. *This program is available at Bay State Correctional Center, Bridgewater State Hospital, Massachusetts Treatment Center, MCI Cedar Junction, MCI Concord, MCI Framingham, North Eastern Correctional Center, North Central Correctional Institution Medium & Minimum, Old Colony Correctional Center – Minimum Unit, Pondville Correctional Center and South Middlesex Correctional Center, MCI-Cedar Junction.*

Growing Together: This is a three-phase program in which inmates learn to use communication to help them grow spiritually, develop community growth and live in a more peaceful atmosphere within the institution. *This program is available at Bay State Correctional Center.*

Healthy Human Relationships: An eight-week, staff facilitated program designed to assist inmates in distinguishing between healthy and unhealthy relationships. *This program is available at MCI Framingham.*

Health Awareness (HIV/AIDS Education): Programming ranges from basic education and awareness to support groups for inmates who are HIV positive. Instructors include vendor and department staff, volunteers and inmates. *This program is available at Bay State Correctional Center, Massachusetts Alcohol and Substance Abuse Center, MCI Concord, MCI Framingham, MCI Norfolk, MCI Plymouth, MCI Shirley, North Central Correctional Institution-Medium and Minimum and Old Colony Correctional Center.*

Interview Skills Training: Ten lessons that are focused on employment interviewing techniques; goals, strengths, and opportunities for improvement, resume writing, and mock interviews for skill rehearsal. *This program is available at MCI Cedar Junction.*

Jericho Circle Project: Volunteer facilitated group that targets a variety of criminogenic risk factors that are pre-cursors to criminal behavior in an effort to develop integrity, accountability and emotional intelligence. *This program is available at Bay State Correctional Center, MCI Cedar Junction, MCI Norfolk, and Pondville Correctional Center.*

Job Search: Eight-week program designed to prepare inmates for job searching upon release. Topics include developing realistic expectations, utilizing employment resources, identifying interests, skills and values and preparing for interviews. *This program is available at Northeastern Correctional Center and Old Colony Correctional Center.*

Joys & Challenges of Human Relationships: Class identifies the ways in which behavior patterns contribute positively and negatively to forming healthy, caring relationships. *This program is available at Northeastern Correctional Center.*

Kids Corner: Program utilizes a corner of the visiting room at MCI-Concord where the small children of inmates can draw, hear stories and play with a few toys while their parents talk over their often-serious problems and issues. *This program is available at MCI Concord and MCI Shirley.*

Lazarus Project: This reentry initiative brings ex-offenders back to the facility to share with inmates how they were able to successfully re-enter the community. *This program is available at MCI Framingham and South Middlesex Correctional Center.*

Life Skills: The focus of this program is to identify risk factors which may trigger impulsive behaviors and to encourage the development of good decision making in order to prepare the inmates to handle the day to day issues upon reentry. *This program is available at MCI-Concord and Bridgewater State Hospital.*

Longtermers' Group: This program is designed for inmates serving lengthy sentences in an effort to provide support and the skills needed to successfully cope with long term incarceration by encouraging participation in positive and productive activities. *This program is available at MCI-Framingham and Souza-Baranowski Correctional Center.*

Massachusetts Community Outreach Program: This collaborative reentry initiative between MCOI and the DOC facilitates spiritual, emotional and physical preparation for release and a smooth assimilation into society. *This program is available at Boston Pre-Release.*

Menswork: Eight to twelve week program designed to provide creative educational services that support the personal and social rehabilitation of convicted offenders. *This program is available at MCI Cedar Junction, MCI Shirley and Souza Baranowski Correctional Center.*

Mindfulness Meditation: This program promotes peace, inner reflection, compassion and tolerance. *This program is available at MCI Concord.*

Mom & Me Art: Chaplain facilitated, volunteers involved in creating a variety of art with their moms. *This program is offered at MCI-Framingham.*

Money Management: Volunteer facilitated program designed to provide information and skills associated with banking services, establishing credit, keeping a checking account, budgeting and the importance of good credit history. *This program is available at MCI-Shirley medium.*

Money Smart: This program covers topics such as developing spending plans, budgeting skills, how to choose and maintain a checking account and the basics of building/repairing credit. *This program is available at Pondville Correctional Center.*

Music Theory Program: Staff and/or volunteer supervised program that enables participants to learn basic music theory, comprehension and practice. Inmates join bands to rehearse and perform. In cell use of instruments varies among facilities. It is often limited to those inmates that can be utilized with headphones and do not disrupt the housing unit. *This program is available at Bridgewater State Hospital, Massachusetts Treatment Center, MCI Norfolk, North Central Correctional Institution, Northeastern*

Correctional Center and Old Colony Correctional Center.

Narcotics Anonymous: Staff supervised, volunteer facilitated discussion/support/fellowship group that focuses on the twelve steps of narcotics anonymous and providing community information as appropriate. *This program is available at Bridgewater State Hospital, Boston Pre-Release Center, Massachusetts Treatment Center, Northeastern Correctional Center, Old Colony Correctional Center, Pondville Correctional Center and Bridgewater State Hospital.*

National Education for Assistant Dog Services-Puppy Program: An 18-month program designed to utilize inmate handlers to teach dogs basic obedience and other skills needed to prepare them for future “careers” as Service Dogs assisting people who are physically disabled. Following their training with the inmates, the dogs will then learn the more advanced Service Dog skills at NEADS’ National Assistance Dog Training Campus in Princeton, MA. *This program is available at Bay State Correctional Center, Boston Pre-Release, MCI Framingham, North Central Correctional Institution Medium & Minimum, Northeastern Correctional Center, Pondville Correctional Center, MCI Norfolk, MCI Plymouth and MCI Shirley and MCI Concord.*

Newsletter/Journalism Course: Vendor facilitated program that teaches fundamental writing, formatting and publication skills. A newsletter, written and printed by inmates, is published four times per year. *This program is available at the Massachusetts Treatment Center.*

Novel in a Month: This volunteer facilitated program uses the healing power of creative expression. The course emphasizes goal-setting and problem solving as methods for completing substantial tasks which otherwise might seem insurmountable. *This program is available at South Middlesex Correctional Center.*

Nutrition Series: Program at NECC consisting of three workshops: Weight Loss without Starvation; Diet for a Healthy Heart; and Power Eating – Building Muscle Not Fat. *This program is available at Northeastern Correctional Center.*

Occupational Therapy Life Skills Groups II and I: Staff facilitated program designed to provide services to patients who require assistance in learning the skills necessary to lead independent lives. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

Opioid Treatment Program: A program for women who are pregnant and on methadone. Health issues, relapse prevention, overdose prevention, healthy relationships and child development are discussed. *This program is available at MCI Framingham.*

Open Art Studio Workshop: Volunteer facilitated program that involves multi-step art projects intended to develop patience and suppress detrimental impulsivity. *This program is available at MCI-Framingham.*

Parenting Support : Vendor facilitated group that provides a continuum of parenting classes reinforcing the skills developed in Parenting Education. This group encourages women to take a leadership role in continuing to address the multifaceted aspects surrounding parenting. This process is aided by the support of the group facilitator. *This program is available at MCI Framingham.*

Parenting Education Program: Vendor facilitated five-week, ten-session group that addresses issues regarding understanding the development and behavior of children. It also deals with instilling courage and self-esteem, problem solving, effective discipline, and preventing substance abuse. *This program is available at MCI Framingham.*

Parenting/Family Services: Volunteers and staff provide programs, which range from skill building, basic education, and reintegration information to support groups. *This program is available at MCI Framingham, MCI Norfolk, MCI Shirley, South Middlesex Correctional Center and Souza Baranowski Correctional Center.*

Parents Anonymous/Parenting Support: Volunteer facilitated child abuse prevention self-help program offered weekly. *This program is available at MCI Framingham.*

Passion to Profit: Creating Your Own Business

Entrepreneurship workshop course introduces students to the fundamentals of small business. Students will be led through the process of writing their own business plan and developing negotiating, networking, self- preservation and interview skills. *This program is available at the Pondville Correctional Center.*

Path to Freedom: This program is a mindful-based, cognitive-behavioral approach to self transformation and personal development. *This program is available at MCI Concord.*

PEN New England (Poets/Playwrights, Essayists/Editors, Novelists): The programs basic assumption is that sustained and supervised practice in imaginative and creative writing in all its various forms will help the participating inmate become a more reflective person and inclined to see the consequences and implication of any action. Also, the program attempts to increase the inmate's overall capacity for using language as an effective mode of communication in the world. *This program is available at Bay State Correctional Center.*

Personal Finance: This program is designed to give offenders a basic understanding of credit, budgets, cash flow requirements, how to track spending and preparation for tax returns. The goal is to increase coping skills with regards to money, family finances and personal finances. *This program is available at MCI-P.*

Poetry Group: A former Boston University professor coordinates this group. Every other month, artists from the community meet with inmates to review and critique their poems. *This program is available at Bay State Correctional Center and MCI Norfolk.*

Poetry, Reading and Writing Workshop: Staff facilitated program that aims to effect positive behavioral change by improving communication skills and increasing emotional intelligence through the experiences of reading, writing, hearing and speaking poetry. *This program is available at Northeastern Correctional Center.*

Prison Voices: This program is designed to confront high school age children and children committed to DYS with the reality and consequences of becoming involved in criminal behavior. Inmates meet with the youth in the prison setting. *This program is available at Bay State Correctional Center.*

Project Youth / Project Wake Up: Staff supervised program in which inmates discuss with high school students their personal experiences and consequences that resulted in incarceration. *This program is available at MCI Norfolk, Old Colony Correctional Center and North Central Correctional Institution and MCI Shirley and MCI Concord.*

Rational Recovery Program: Volunteer facilitated substance abuse program based on the premise that 12 Step programming fosters dependency. *This program is available at MCI Concord and Old Colony Correctional Center.*

Reading for the Blind Program: Staff facilitated program in which inmates record text books onto audio tapes for Framingham State College students with disabilities. *This program is available at MCI Framingham.*

Read to Me Daddy Program: A staff and volunteer facilitated program where the male offenders are assisted in selecting a book that is age appropriate and speaks to their child's interest level. The male offender is then filmed while he reads the book and when the video is finished both the book and video tape are mailed to the child. *This program is available at MCI Concord and Northeastern Correctional Center, MCI-Norfolk.*

Read to Me Mommy Program: Chaplain facilitated program where the female offenders are assisted in selecting a book that is age appropriate and speaks to their child's interest level. The female offender is then filmed while she reads the book and when the video is finished both the book and video tape are mailed to the child. *This program is available at MCI Framingham and South Middlesex Correctional Center.*

Reclaiming Reality: This program is a volunteer facilitated, non-residential substance abuse program. The program is eight weeks in length and follows a detailed lesson plan addressing addictive behavior.

This program is available at MCI-CJ.

Reentry Assistance Program (RAP): Staff/volunteer facilitated program to offer support services to offenders releasing within six months to the Concord/Metro Northwest Area. *This program is available at Northeastern Correctional Center.*

Release Preparation Program – Vendor facilitated program that is designed to teach inmates skills necessary for reintegration planning through the Release Preparation Program & comprehensive discharge planning. An extensive community network system allows for numerous placement & referral resources for both English & non-English speaking inmates. The program also provides the two-week Release Prep program, which is comprised of educational units and a group discharge planning session. *This program is available at MCI Framingham.*

Re-motivation Program: Implemented and run by the Rehabilitation Services Department, this motivational group is designed to engage patients who are presently not attending any treatment groups. *This program is geared toward the special needs patient population at the State Hospital.*

Responsibility Group: This group is offered to committed patients who repeatedly deny responsibility or externalize behaviors related to their criminal offense. Patients must be able to tolerate direct feedback in a group setting. This group focuses on the patient's behavior and how that may have lead to his criminal behavior. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

Scrabble Group: Staff supervised program where inmates learn how to play scrabble and participate in competitions. This program provides a structured environment where scrabble enthusiasts from beginners to advanced players can learn more about the aspects of the game. *This program is available at Bay State Correctional Center.*

Self-Esteem Group: Staff facilitated four-week program designed to examine self-esteem and its development. *This program is available at MCI Framingham.*

Self Help/Twelve Step Programs: Volunteer facilitated substance abuse support groups based on abstinence. Self Help/Twelve-step programming includes Alcoholics Anonymous, Narcotics Anonymous and Al Anon. Programming is available in both Spanish and English. *This program is available at most facilities.*

Seventy x Seven: Chaplain facilitated program that focuses on forgiveness, examining loss, coping and creating hope. *This program is available at Bridgewater State Hospital and Massachusetts Alcohol and Substance Abuse Center.*

Speaking Without Fear: Staff facilitated program which is designed to enhance an inmate's ability to communicate more effectively. This is a six week program and is a pre-requisite to the Toastmasters' Program. *This program is available at Old Colony Correctional Center.*

Step-Up Venture University Program: The goal of this program is to provide inmates with the tools and basic concepts to develop their own business, post- release. Topics include goal setting, marketing, sales, negotiations, and customer service. *This program is available at Boston Pre-Release Center.*

Substance Abuse Video Program: Volunteer facilitated program consisting of inmates viewing substance abuse treatment videos followed up by a discussion period on substance abuse issues. *This program is available at MCI Shirley – Minimum Unit.*

Support 55: Staff supervised program that meets weekly and is geared toward inmates over the age of 55. Inmates share concerns about being a senior citizen in a correctional facility. *This program is available at Bay State Correctional Center.*

Teacher Assistance Program: Through the coordination of the Catholic Chaplain at MCI Framingham and South Middlesex Correctional Center, the volunteers will reach out to 8-12 primary school teachers about classroom needs, bulletin boards, posters, classroom decorations and other projects similar in nature. This program will benefit various communities by providing school districts and teachers with a resource to help with the classroom aids. *This program is available at MCI Framingham and South Middlesex Correctional Center.*

The Bridge Program: Previously known as SEALS. A vendor supervised program that provides patients with an opportunity to learn basic fundamental work skills and at the same time contribute to the Department's goals for community reparation. *This program is geared toward the special needs patient population at Bridgewater State Hospital.*

Therapeutic Art Studio: Volunteer facilitated program that involves multi-step art projects. This program is designed to build self-esteem, improve coping skills, decision making skills, patience and suppression of detrimental impulsivity. *This program is available at South Middlesex Correctional Center.*

Toastmasters: Public speaking program that enables inmates to develop more effective communication skills. Through a series of presentations, inmates learn to express thoughts in a clear and non-threatening manner. Toastmasters are an internationally recognized organization. *This program is available at Bay State Correctional Center, MCI Cedar Junction, MCI Framingham, MCI Norfolk, MCI Shirley Medium and Minimum, Old Colony Correctional Center and Souza Baranowski Correctional Center and Bridgewater State Hospital.*

Tutoring for Men: Volunteer facilitated program. *This program is available at MCI Concord.*

Transitional Housing Program: On-site trailer located at the MCI Framingham used for visits between female inmates and their children. The inmates are required to successfully complete the Parenting Education Program before being eligible for this program. In addition, there are various resources and support services that assist the offender and their children while participating in the Visiting Trailer Program. *This program is available at MCI Framingham.*

Women's HIV and AIDS Network: Through DPH and Great Brook Valley Health Center, Inc., inmates are provided HIV/AIDS education, support groups and individual counseling. Aftercare case management services are also provided for HIV+ inmates to set up substance abuse treatment, medical care, and social and support services in the community. An advanced education component is provided for those inmates who serve as peer educators. A component of this program includes crocheting afghans for donation to hospitals with neonatal intensive care units and programs for HIV+ infants. *This program is available at MCI Framingham.*

Women Offender Reentry Collaborative (WORC – Employment Workshop): Staff coordinated, program whose main mission is to assist female ex-offenders successfully with successful reintegration to the community with a primary focus on employment. *This program is available at MCI Framingham and South Middlesex Correctional Center.*

Writing for the Soul: Staff Facilitated program designed to improve writing skills and encourage interest in reading while strengthening self confidence and employability. *This program is available at Bridgewater State Hospital and the Massachusetts Alcohol and Substance Abuse Center.*

VOSH/NECO: Eyeglasses recycling program. Staff coordinated program in which inmates repair donated eyeglasses to be repackaged and sent to developing countries where members of VOSH/NECO will examine patients and distribute the eyeglasses. Volunteer Optometry Services to Humanity /New England Council Optometrists (VOSH/NECO) is a non-profit organization dedicated to the preservation of human sight, mainly in developing countries where there is no welfare. *This program is available at MCI Norfolk.*

Yoga hope: This program provides a structured curriculum that leaves students with tools to address their patterns that lead to recidivism and relapse in the cycle of trauma. *This program is available at MCI Framingham.*

SECURE FACILITIES

BAY STATE CORRECTIONAL CENTER

Departmental Services and Programs:

Correctional Recovery Academy
Health Awareness (HIV/AIDS Education)
Peer Educator Program (HIV/AIDS Training)
Reentry and Reentry and Employment Readiness Workshop
Religious Services
Recreation Services
Volunteer Services

Correctional Industries: The offender's assigned to the Braille Production Shop transcribe printed books and other documents into Braille. The offenders use computers and Braille transcription programs.

Academic/Education:

Able Minds
Adult Basic Education
Computer Technology
English for Speakers of Other Languages
GED
Library Law Clerk Training
Library Services
Milwaukee Area Technical College
Pre-GED
Title I

Vocational Education:

Braille Transcription Program

Institutional Programs:

Anger Management: Life in Focus
Chess Club
Emotional Awareness and Healing
Greenhouse/Garden
Growing Together I, II and III
Jericho Circle Project
National Education for Assistant Dog Services-Puppy Program (NEADS)
PEN New England (Poets/Playwrights, Essayists/Editors, Novelists)
Poetry Group
Prison Voices
Scrabble Group
Self/Help Twelve Step Programs
Support 55
Toastmasters

MCI CEDAR JUNCTION

Departmental Services and Programs:

Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Substance Abuse Education
Volunteer Services

Correctional Industries:

Cedar Junction is home to the License Plate Shop where offenders produce the license plate requirements set forth by the Registry of Motor Vehicles.

Academic/Education:

GED Prep (In-cell at the DDU)
Library Services

Vocational Education:

Commercial Drivers License (CDL)

Institutional Programs:

Alternatives to Violence
Anger Management
Beacon Program
Christian Twelve Step Group
Cognitive Skills
Employability Skill Building
Gardening
Interview Preparation and Skills Training
Reclaiming Reality
Jericho Circle Project
Toastmasters

MCI CONCORD

Departmental Services and Programs:

Correctional Recovery Academy
Health Awareness (HIV/AIDS Awareness)
Peer Educator (HIV/AIDS Awareness)
Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Academic/Education:

Able Minds
Adult Basic Education
English for Speakers of Other Languages
GED
Library Law Clerk Training
Library Services
Mt. Wachusett Community College
Pre-GED
Special Education
Title I
Tutor Training Program

Correctional Industries:

Building Trades

Vocational Education:

Computer Skills

Institutional Programs:

Alternatives to Violence (Basic/Advanced)
Basic Computer Skills
Basic Literacy
BEACON Program
Book Discussion Groups
Cognitive Skills Workshops
Creative Writing
Emotional Awareness and Healing
Father's Parenting Group
Gardening/Landscaping
Job Ready
Life Skills
Mindfulness Meditation
Money Management
National Education for Assistant Dog Services-Puppy Program (NEADS)
Path to Freedom
Project Youth
Rational Recovery
Read To Me Daddy
Self/Help Big Book Program and Twelve Step Programs
Toastmasters, Inc. Gavel Club
Tutoring for Men

MCI FRAMINGHAM

Departmental Services and Programs:

American Vet Dogs
Family Preservation Programming and Services
Family Violence Reduction
First Step Program
Health Awareness (HIV/AIDS Education)
Peer Educator Program (HIV/AIDS Peer Education)
Opiate Treatment Program
Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Sex Offender Treatment Program (Pre-Treatment, Core Treatment & Maintenance Programming)
Steps to Recovery
Victims of Violence Program
Volunteer Services
Women's Recovery Academy
Women's Recovery Academy Graduate Maintenance
Women's Recovery Academy Reintegration Services
Yoga Hope

Correctional Industries:

This operation currently manufactures United States, Commonwealth of Massachusetts, POW/MIA, and Custom Flags, Laundry Bags and Belt Pouches. The offenders learn valuable skills that are related to the various employment opportunities in the sewing industry within the state. Our Embroidery Shop can embroider caps, jackets, tee shirts and many other items.

Academic/Education:

Adult Basic Education
Boston University Program
English for Speakers of Other Languages
GED
Library Law Clerk Training
Library Services
Mt. Wachusett Community College
Pre-GED
Special Education
Title I

Vocational Education:

Computer Technology
Cosmetology Program
Culinary Arts

Institutional Programs:

A Book from Mom Program
Activity Center
Aid to Incarcerated Mothers
Amachi Program
Anger Management
Boston Bar Association Lecture Program

MCI-Framingham-continued

BoyScouts Beyond Bars
Bridging the Gap
Catch the Hope
Child Custody Workshop
Choices
City Mission Society
Cognitive Skills- Asking For Help
Domestic Violence Program
DCF Visit Coordination
Emotional Awareness / Houses of Healing
Fully Alive Program
Garden Program
Gender Roles in the Media
Girl Scouts Beyond Bars
Going for the Gold – Planning for Life
Healthy Human Relationships
Houses of Healing
Life Skills
Longtermers' Group
Misuse and Use of Food
National Education for Assistant Dog Services-Puppy Program
New Horizons
Open Art Studio Workshop
Parenting Education Program
Parenting/Family Services
Parents Anonymous/Parenting Support
Peer Support Program
Read to Me Mommy
Reading to the Blind Program
Release Preparation Program
Residential Treatment Unit
Self/Help Twelve Step Programs
Self-Esteem Group
Sexual Abuse Survivors Group
Special Order Embroidery
Teacher Assistance Program
The Lazarus Project
Women's HIV and AIDS Network
Women Offender Reentry Collaborative (WORC – Employment Workshop)
Yoga Hope

MCI NORFOLK

Departmental Services and Programs:

Correctional Recovery Academy
Health Awareness (HIV/AIDS Education)
Peer Educator (HIV/AIDS Education)
Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Sex Offender Treatment Program (Pre-Treatment and Maintenance Programming)
Volunteer Services

Correctional Industries:

Our largest operation, Norfolk has offenders working in a wide range of manufacturing settings. This operation houses a Clothing Shop where fabric is cut from rolls and sewn to create garments used in a number of areas throughout the Commonwealth; our Mattress Shop produces a variety of mattresses for use in a number of environments; the Janitorial shop has a complete line of cleaning products available; the Metal operation is able to supply custom fabricated metal cell furniture to provided specifications; the Upholstery Shop produces a number of quality upholstered office chairs, and can re-upholster sofas, chairs, and other furniture; a Binder Shop which produces 3 ring vinyl binders in a number of sizes. Lastly, a Furniture Assembly Shop assembles various furniture items from a number of outstanding furniture manufacturers.

Academic/Education:

Able Minds
Adult Basic Education
Boston University Program
English for Speakers of Other Languages
GED
Library Law Clerk Training
Library Services
Milwaukee Area Technical College
Pre-GED
Special Education
Title I

Vocational Education:

Barber School
CDL (Commercial Drivers License)
Computer Technology
Culinary Arts
Welding

Institutional Programs:

Alternatives to Violence
Chess Club
Cultural Groups
Emotional Awareness / Houses of Healing program
Gambler's Anonymous
Jericho Circle

MCI-N (continued)

Lifer's Group
Music Theory Program
National Education for Assistant Dog Services-Puppy Program
Parenting/Family Services
Poetry Group
Project Youth Program
Second Thoughts
Self/Help Twelve Step Programs
Toastmasters
VOSH/NECO

MCI SHIRLEY

Departmental Services and Programs:

Correctional Recovery Academy
Health Awareness (HIV/AIDS Education)
Peer Educator (HIV/AIDS Education)
Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Volunteer Services

Correctional Industries:

This site houses a sewing operation that manufactures sheets, towels, and socks. The offenders learn valuable skills that are related to the various employment opportunities in the sewing industry within the state.

Academic/Education:

Able Minds
Adult Basic Education
Computer Technology
English for Speakers of Other Languages
GED
Library Law Clerk Training
Library Services
Pre-GED
Special Education
Title I
Wheels for the World Wheelchair Repair

Vocational Education:

Barber School
Building Trades
Culinary Arts

Institutional Programs:

ALPHA
Alternatives to Violence Program
Book Discussion
Cognitive Skills
Companion Program
Creative Writing
Emotional Awareness and Healing
Father's Parenting Group
Job Skills
Menswork
Money Management
NEADS
Self/Help Twelve Step Programs
Smart Recovery
The Four Agreements
Toastmasters
Youth Outreach

NORTH CENTRAL CORRECTIONAL INSTITUTION

Departmental Services and Programs:

Correctional Recovery Academy
Health Awareness (HIV/AIDS Education)
Peer Educator (HIV/AIDS Education)
Reentry and Employment Readiness Workshop
Recreation Services
Religious Services
Responsible Fatherhood Program
Sex Offender Treatment Program (Pre-Treatment and Maintenance Programming)
Volunteer Services

Correctional Industries:

The Optical shop is a full scale eyewear laboratory providing services to many providers throughout Massachusetts. The offenders currently working at this site grind, polish, and assemble eyeglasses for a number of customers. The industrial instructor's at NCCI-Gardner are facilitating the process of testing offenders working in the Optical Shop to gain a certification from the American Board of Optometry, a nationally recognized organization. The test is designed to reveal the competency in the optical field and their overall knowledge. The individual taking this exam will be provided a certification from the American Board of Opticianry (ABO). This in turn, will allow the offender to show qualifications and a work history to potential employers.

Academic/Education:

Able Minds
Adult Basic Education
Computer Technology
English for Speakers of Other Languages
GED
General Library Video Program
Library Law Clerk Training
Library Services
Milwaukee Area Technical College
Pre-GED
Read to Your Child Program
Special Education
Title I
Welding

Vocational Education:

Barber School
Culinary Arts
Small Engine Repair

Institutional Programs:

Alcoholics Anonymous
Don't Throw Us Away-Prison Dog Partnership
Community Gardens / Residential Treatment Unit Garden
Music Theory Program
Narcotics Anonymous
National Education Assistance Dog (NEADS) training program
Relapse Prevention
Project Youth (Project Wake up)

OLD COLONY CORRECTIONAL CENTER

Departmental Services and Programs:

Co-Occurring Disorder Group
Health Awareness (HIV/AIDS Education)
Motivational Enhancement
Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Substance Abuse Education
Thinking for a Change
Volunteer Services
Sex Offender Treatment Program (Pre-Treatment for SHU)

Correctional Industries:

Printing is the trade being taught at our full scale, state-of-the-art, Printing Plant. Offenders working in the print shop are able to use the latest technology to produce a quality product and therefore also gain valuable skills which are easily transferable to private industry. Products offered vary from letterhead to continuous forms, to City and Town Reports. There is also a Validation Shop that produces Registry of Motor Vehicle stickers and decals.

Academic/Education:

Able Minds
Adult Basic Education
Computer Technology
English for Speakers of Other Languages
GED
Library Law Clerk Training
Library Services
Life Skills
Mt. Wachusett Community College
Pre-GED
Special Education
Title One
Tutor Training Program

Vocational Education:

Culinary Arts
HVAC

Institutional Programs:

African Heritage Coalition
Alcoholics Anonymous
Alternatives to Violence Program
American Veterans in Prison
AmVet Dogs
Beacon-Behavior, Emotions, and Changing Oneself
Big Book
Chess Club
Cognitive Skills Workshops
Lifer's Group
Music Theory Program

OCCC (cont.)

Narcotics Anonymous
Project Youth
Spanish Alcoholics Anonymous
Spanish Narcotics Anonymous
Spanish United Project
Speaking Without Fear
Substance Abuse Education
Toastmasters
Rational Recovery Program
Self/Help Twelve Step Programs

SOUZA BARANOWSKI CORRECTIONAL CENTER

Departmental Services and Programs:

Bridging Treatment (Co-Occurring Disorders)
Criminal Thinking
Motivational Enhancement
Moving Forward
Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Substance Abuse Education
Volunteer Services

Correctional Industries:

The Furniture Shop at Shirley Maximum has offenders working in a complete wood manufacturing plant. These workers are trained on state of the art woodworking equipment and produce an extensive product line of furniture. Lumber is transformed into quality furniture exposing the workers to a trade that is in high demand in the Commonwealth.

Education and Training:

Able Minds
Adult Basic Education
Computer Technology
English for Speakers of Other Languages
Family Library Program
GED
Library Law Clerk Training
Library Services
Literacy
Milwaukee Area Technical College
Pre GED
Special Education
Title I

Vocational Education:

Barber School
Culinary Arts

Institutional Programs:

Alternatives to Violence
Book Discussion Group
Cognitive Skills
Daddy Read To Me
Emotional Awareness and Healing
Father's Parenting Group
Parenting/Family Services
Self/Help Twelve Step Programs
Toastmasters

COMMUNITY CORRECTIONS

BOSTON PRE-RELEASE CENTER

Departmental Services and Programs:

Reentry and Employment Readiness Workshop
Recreation Services
Religious Services
Volunteer Services

Academic/Education:

Adult Basic Education
English for Speakers of Other Languages
GED
Pre-GED

Institutional Programs:

Alcoholics Anonymous (English)
Alcoholics Anonymous (Spanish)
Basic Computer Literacy
Beacon- Behavior, Emotions and Changing Oneself
Bunker Hill Community College Workplace Readiness Program
Child Support Enforcement Seminars
Father Heart Parenting Program
Horticultural Program
Massachusetts Community Outreach Initiative
Movies with a Message
National Education for Assistant Dog Services-Puppy Program
Narcotics Anonymous
Nurturing Fathers/Parenting Program
Offenders Anonymous
Step-Up Venture University Program
Transitional & Recovery Housing Workshops
Work Skill Training Program

Community Programs: (Level two inmates only)

Community Resources for Justice Brooke House Program
Job Development
Educational Release
Office of Community Corrections
Step Down Community Assistance under Community Programs

MCI PLYMOUTH

Departmental Services and Programs:

Reentry and Employment Readiness Workshop
Recreation Services
Religious Services
Thinking for a Change
Volunteer Services

Academic/Education:

Adult Basic Education
English for Speakers of Other Languages
GED
Library Services
Pre-GED

Vocational Education:

Automotive Repair

Institutional Programs:

Alcoholics Anonymous
Cognitive Skills
Going for the Gold – Planning for Life
National Education for Assistant Dog Services-Puppy Program

MCI SHIRLEY, MINIMUM

Departmental Services and Programs:

Correctional Recovery Academy
Reentry and Employment Readiness Workshop
Recreation Services
Religious Services
Volunteer Services

Academic/Education:

Able Minds
Adult Basic Education
Computers for Schools
English for Speakers of Other Languages
GED
Library Services
Pre-GED

Institutional Programs:

Alcoholics Anonymous
Computers for Schools
Cognitive Skills
Menswork
Most Excellent Way
Substance Abuse Video Program
Toastmasters

NORTH CENTRAL CORRECTIONAL INSTITUTION, MINIMUM UNIT

Departmental Services and Programs:

Reentry and Employment Readiness Workshop
Recreation Services
Religious Services
Volunteer Services

Academic/Education:

Library Services

Institutional Programs:

Alternatives to Violence
Cardiovascular Management
Cognitive Skills
Community Gardens
Father heart Program
Horticulture / Greenhouse
National Education for Assistant Dog Services-Puppy Program
Reentry Assistance Program
Reentry Support Group
Self/Help Twelve Step Programs

NORTHEASTERN CORRECTIONAL CENTER

Departmental Services and Programs:

Health Awareness (HIV/AIDS Education)
Peer Education (HIV/AIDS Peer Education)
Reentry and Employment Readiness Workshop
Recreation Services
Religious Services
Volunteer Services

Academic/Education:

Adult Basic Education
English as Second Language
GED
Library Services
Life Skills
Pre GED

Vocational Education:

Auto Body Repair
Culinary Arts

Institutional Programs:

Alternatives to Violence
American Red Cross First Aid and CPR Courses
Anger Management
Art Program
Behavior, Emotions and Changing Oneself - Beacon
Changing Lives through Literature
Chess
Concord Public Library Program
Emotional Awareness and Healing
Entrepreneurship 101
Family Day Program
Fatherheart
Father's Parenting Group
Garden/Greenhouse Program
Health Awareness Program
Job Search
Movies With a Message
Music Theory Program
National Education for Assistant Dog Services-Puppy Program
Nutrition Series
Peer Educator (for Health Awareness)
Poetry, Reading and Writing Workshop
Read to Me Daddy
Reentry Support Group
Reentry Assistance Program
Self/Help Twelve Step Programs

OLD COLONY CORRECTIONAL CENTER, MINIMUM

Departmental Services and Programs:

Job Search Workshop
Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Thinking for a Change
Violence Reduction
Volunteer Services

Academic/Education:

Able Minds
Adult Basic Education
English for Speakers of Other Languages
GED
Library Services
Lifeskills
Pre-GED
Title I

Institutional Programs:

Behavior, Emotions and Changing Oneself - Beacon
Garden Program
Self/Help Twelve Step Programs

PONDVILLE CORRECTIONAL CENTER

Departmental Services and Programs:

Reentry and Employment Readiness Workshop
Recreation Services
Religious Services
Thinking for a Change
Violence Reduction
Volunteer Services

Correctional Industries:

MassCor's Central Office utilizes offenders from this facility to perform varied tasks such as clerical.

Academic/Education:

Adult Basic Education
English for Speakers of Other Languages
GED
Library Services
Life Skills
Pre-GED

Vocational Education:

Milford Kitchen Culinary Arts
Small Engine Repair

Institutional Programs:

Alcoholic Anonymous – A Way of Life (AWOL)
Beacon Program
Basic Computer Literacy
Children's Story Hour
Cognitive Skills Programs
Ethics for Modern Society
GED Tutoring Program
Intermediate Computer Application
Jericho Circle Program
Money Smart Program
Narcotic Anonymous
National Education for Assistant Dog Services-Puppy Program
Passion to Profit
Self/Help Twelve Step Programs

SOUTH MIDDLESEX CORRECTIONAL CENTER

Departmental Services and Programs:

Family Preservation Programming and Services
Family Violence Reduction
Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Steps to Recovery
Victims of Violence
Volunteer Services
Women's Recovery Academy
Women's Recovery Academy Graduate Maintenance
Women's Recovery Academy Reintegration Services

Academic/Education:

Adult Basic Education
Boston University Program
Computer Lab Program
English for Speakers of Other Languages
GED
Library Services
Pre-GED

Vocational Education:

Horticulture

Institutional Programs:

BEACON- Behavior, Emotions and Changing Oneself
Book Club
Cancer Survivor Support Group
Cognitive Skills Workshops
Dance Leela
DCF Visit Coordination
Eldercare
Emotional Awareness and Houses of Healing
Family Reunification House Program
Fully Alive Program
Greenhouse/Garden
Lazarus Project
Novel in a Month
Parenting/Family Services
Read to Me Mommy Program
Self/Help Twelve Step Programs
Teacher Assistance Program
Therapeutic Art Studio
Women Offender Reentry Collaborative (WORC – Employment Workshop)
Worcester Office of Community Corrections

SPECIALIZED FACILITIES

BRIDGEWATER STATE HOSPITAL

Departmental Services and Programs:

Health Awareness (HIV/AIDS Education)
Reentry and Employment Readiness Workshop (Cadre Unit only)
Recreation Services
Religious Services
Violence Reduction (Cadre Unit only)
Volunteer Services

Education and Training:

Able Minds
Adult Basic Education
Audio-Book Program
Computer Technology
English for Speakers of Other Languages
GED
Library Law Clerk Training
Life Skills
Pre-GED
Special Education

Institutional Programs:

Advanced Communication Skills
Alcoholics Anonymous
Art Therapy
Best You Can Be
Body & Mind Fitness
BSH Newsletter
Companion Program
Computer Program
Cognitive Skills
Daily Living Skills Program
Day Treatment Program
Developmental Service Program
Dialectical Behavior Therapy - Skills Group Program
Family Issues Group
Greenhouse/Garden
Music Theory Program
Narcotics Anonymous
Occupational Therapy Life Skills Groups I and II
Re-motivation Program
Responsibility Group
Self/Help Twelve Step Programs
The Bridge Program
Toastmasters
70 X 7 Program
Writing for the Soul

MASSACHUSETTS TREATMENT CENTER

Departmental Services and Programs:

Recreation Services
Reentry and Employment Readiness Workshop
Religious Services
Sex Offender Treatment Program (Pre-Treatment, Core Treatment and Maintenance Programming)
Volunteer Services

Correctional Industries:

This locations' offender's work in a setting consisting of a Sign Shop that is capable of manufacturing standard street signs that can be used on just about every street corner in the state. MassCor's Silk Screen Shop manufactures high quality custom decals and silk-screened clothing.

Academic/Education:

Adult Basic Education
Computer Lab
English for Speakers of Other Languages
GED
Library Law Clerk Training
Library Services
Pre-GED
Special Education

Vocational Education:

Building Trades Program

Institutional Programs:

Art Program
A Way of Life
Choices
Garden Program
Music Theory Program
Narcotics Anonymous
Newsletter/Journalism Course
Relapse Prevention
Self/Help Twelve Step Programs

MASSACHUSETTS ALCOHOL AND SUBSTANCE ABUSE CENTER

Overview

The Massachusetts Alcohol and Substance Abuse Center is a truly unique Department of Correction facility. The facility not only houses individuals who are civilly committed under MGL 123, Section 35, but also minimum security inmates as well.

For those men who are civilly committed, MASAC provides a detoxification and substance abuse program which consists of three phases:

1. Medically supervised detoxification
2. Mandatory counseling and programming
3. Individual discharge planning

Commitments participate in a comprehensive, multi-phase progression of classes in relapse prevention. In addition, case management services, twelve step programming, and assistance in after care planning are offered to provide each commitment with an individual discharge plan for community based treatment and support.

For those men who are sentenced, MASAC offers a variety of work, education, religious, and substance abuse programming.

Departmental Services:

Anger Management- MHM Staff
Health Awareness (HIV/AIDS Education)
Reentry and Employment Readiness Workshop
Recreation Opportunities
Religious Services
Responsible Fatherhood Program-MHM Staff
Thinking for a Change
Volunteer Programming
Work Opportunities

Academic/Education:

Pre-GED
GED
English for Speakers of Other Languages

Institutional Programs:

Alcoholics Anonymous
American Vetdogs
Basic Computer Literacy
Family and Friends Education and Resource Program
Finding the Spirit
Gardening and Landscaping
Life after Release
Men's Health Awareness Series
Narcotics Anonymous
Risky Behaviors/HIV Prevention
Topics in Recovery
Twelve Steps
70 X 7 Program
Writing for the Soul